

DrowzZe

Sleep EazZe Tablets

DrowzZe - A Holistic Approach to Restful Deep Sleep

DrowzZe is a unique blend of natural ingredients scientifically formulated to promote restful sleep and address a variety of sleep-related concerns. This synergistic combination of herbs, amino acids, vitamins, and minerals provides gentle yet effective support for a more balanced sleep-wake cycle. The combination of ingredients in **DrowzZe** appears well-suited to support sleep quality and manage insomnia, as it includes a blend of natural sedatives, relaxants, and cognitive enhancers like – Magnesium Glycinate, Valeriana root, L-Theanine, Bacopa, Spikenard, Melatonin & Vitamin B6.

Benefits of DrowzZe:

Improved Sleep Quality: Promotes faster sleep onset, increased sleep duration, and reduced nighttime awakenings or next day hangover.

Reduced Anxiety and Stress: Helps calm the mind and body, promoting relaxation and reducing stress levels.

Enhanced Relaxation: Supports muscle relaxation and promotes a sense of calm and tranquillity.

Natural and Safe: Formulated with natural ingredients, DROWZZE offers a safe and effective alternative to allopathic sleep medications.

Non-Habit Forming: DROWZZE does not create dependency or addiction.

Distinctive Features of DrowzZe:

- ✓ Non-Habit Forming, No Hangover
- ✓ Fast absorption in body
- ✓ **Zero** - Sugar, Paraben, Artificial colour & flavour, Gluten, Heavy metals, Pesticides

Best Applicable to People In / With:

1. Insomnia
2. Poor sleep quality / Disturbed sleep
3. Unable to sleep throughout the night
4. Mild Anxiety
5. Hormonal imbalance
6. Overtiredness
7. Hospital Trauma centres
8. Post-surgery Pain
9. Painful Sports injuries
10. Jetlag due to travel
11. To Sleep better for improving skin, hair, and overall health
12. Rehabilitation & De-Addiction centres

Shelf Life:

36 months from the date of manufacture.

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Usage Instructions:

Take one tablet (mild sleep deprivation) or two (moderate to severe sleep deprivation) 45 - 60 minutes before bedtime. For best results, use consistently and maintain a regular sleep schedule. Swallow the tablet whole with water. Do not chew or crush the tablet. For Adults only.

Mechanism of Action & Benefits of Key Ingredients:

Tagar (*Valeriana root*) 200mg: A natural sedative, Tagar is commonly used to reduce anxiety and promote sleep. It helps relax the nervous system, making it beneficial for people with insomnia or sleep disturbances.

Magnesium glycinate 200mg: This highly bioavailable form of magnesium supports muscle relaxation, reduces stress, and helps regulate sleep patterns. Magnesium deficiency is often linked to sleep disturbances and anxiety, making it an essential component for sleep support.

L-Theanine 100mg: An amino acid found in tea, L-Theanine promotes relaxation, reduce stress, and enhance sleep quality by increasing levels of calming neurotransmitters like serotonin and GABA.

Jatamansi (*Spikenard*) 100mg: Traditionally used in Ayurvedic medicine for its calming and sedative effects, Jatamansi helps to alleviate mental fatigue, reduce nervous tension, and promote restful sleep.

Jalbrahmi (*Bacopa*) 50mg: Known for its adaptogenic and cognitive-enhancing properties, Jalbrahmi helps improve memory, reduce stress, and promote mental clarity. It has a calming effect, making it useful for managing anxiety and improving sleep quality.

Melatonin 5mg: The "sleep hormone," melatonin helps regulate the body's natural sleep-wake cycle and promotes restful sleep.

Vitamin B6 (*Pyridoxine*) 2.4mg: Vitamin B6 is vital to produce neurotransmitters like serotonin and GABA, which regulate mood and relaxation. An essential nutrient that plays a crucial role in the production of melatonin, a hormone that regulates sleep-wake cycles.

